Sacred Seasons

GROUNDING US IN THE TIMES THAT SHAPE US

ADVENT 2026

Pray through Advent, one day at a time.

A free prayer practice from spiritual director Rev. Dr. Julene Tegerstrand. Each day brings one prayer with Scripture and stillness. Choose 5 to 30 minutes. Read along, or listen.

Free this Advent

Works on any phone

Begins Sunday, November 29

sacredseasons.julenetegerstrand.com